



Visit
**PROCTOR,
MN**

COME HOME TO PROCTOR

Rich in railroad history, Proctor is the perfect blend of small town amenities while being only minutes away from Spirit Mountain and the Twin Ports. With breathtaking views of Lake Superior, this vibrant community hosts Snocross, South St. Louis County Fair, Proctor Speedway, ALS Blizzard Tour, MS 150, and the Hoghead Festival.

You can use our extensive trail system for biking, hiking, snowmobiling and ATVs. Conveniently located at Exit 249 on 1-35, Proctor offers lodging at our three great hotels and many dining and family attractions.



Williard Munger State Trail

Attractions

The City of Proctor has incredible year-round activities available. There are biking, ATV and snowmobile trails, city parks, school playgrounds, sports fields, Proctor Golf Course, Proctor Speedway, Historical Museum, Spirit Mountain Recreation Area and the new St. Luke's Proctor Sports and Event Center.



Proctor History Museum



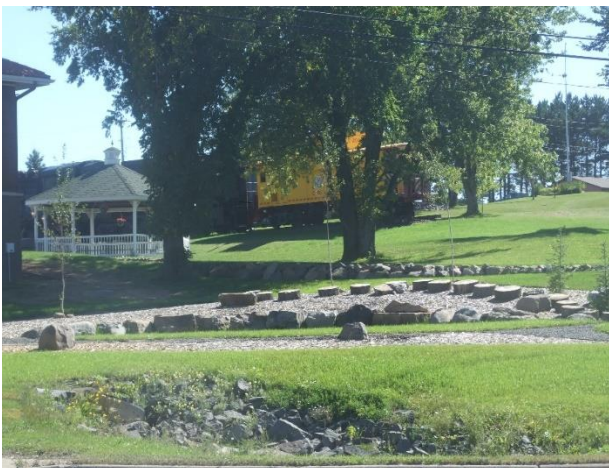
Spirit Mountain



Proctor Golf Course



Proctor Speedway



225 Yellowstone Train & Gazebo



St. Luke's Sports & Event Center

Trails

Proctor has a comprehensive Parks & Recreation Plan, and allows ATVs and snowmobiles on city streets. Proctor will be included in the St. Louis County Trails Plan. We are proud of our trails for biking, snowmobiling, skiing, hiking, and ATVs all with easy access to the Munger Trail, Duluth Crosstown Trail, the Superior Hiking Trail, and Jay Cooke State Park.



Community Events



Proctor celebrates its railroad history at the annual **Hoghead Festival** every August which includes the Golf and Softball Tournaments, Car Show, Street Dance, Paws & Pigtales, Hylla 5K Race and Parade.

Come for some old fashioned family fun at the **South St. Louis County Fair** every July at the Proctor Fairgrounds.



Proctor Speedway is Home to the Silver 1000 and Midsummer Night of Mayhem and Sunday Night at the Races from May – September.

AMSOIL NATIONAL SNOCROSS

Thanksgiving Weekend

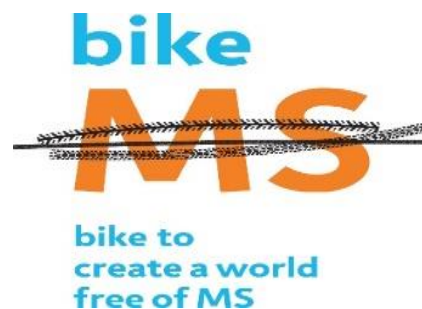


ALS BLACKWOODS BLIZZARD TOUR

Late January

MS 150 Bike Ride

Mid-June



Restaurants

BLACK WOODS BAR & GRILL

195 US Highway 2
(218) 628-0628

PROCTOR PIZZA

204 Third Avenue
(218) 624-3629

POWERHOUSE BAR

423 Third Avenue
(218) 624-0626

WOK 'N GRILL

520 E. Third Avenue
(218) 628-2901

MCDONALD'S

9310 Skyline Parkway
(218) 628-2112

PROCTOR SUBWAY

9303 Westgate Boulevard
(218) 624-3668



9301 Westgate Boulevard right off 1-35

(218) 624-7552

Meetings & Conventions

Proctor is conveniently located next to Duluth and an easy drive from Wisconsin and the Twin Cities, just off I-35 and Highway 2. With small-town ease we are able to provide professional meeting and convention planning.

We are the hosts for national events – Duluth National Snocross, ALS Black Woods Blizzard Tour and MS 150 Bike Ride. For information on Proctor meeting venues and sponsorship opportunities, contact Sally Hedtke at shedtke@proctormn.gov, or call 218-628-6297.

MEETING AND EVENT FACILITIES IN PROCTOR
AmericInn Duluth South/Proctor (218) 624-1026
Best Western Plus Spirit Mtn. Duluth (218) 628-0668
Blackwoods Banquet Center (218) 625-6144
Buffalo House (218) 393-1211
Duluth Spirit Mountain Inn (218) 628-3691
Moose Lodge (218) 624-8199
Proctor Golf Course (218) 624-2255
Proctor Area Community Center (PACC) (218) 628-6293
Proctor Area Schools (218) 729-8214, ext. 2750
St. Luke's Proctor Sports & Event Center (218) 628-0704
Spirit Mountain (218) 624-8531
South St. Louis County Fairgrounds (218) 591-6274, 348-1453

Proctor Hotels



AMERICINN DULUTH SOUTH/PROCTOR
218-624-1026
185 Highway 2
AmericInnDuluthSouth.com

- * **Newly Renovated Inside and Out**
- * **Free, Hot, Homestyle Breakfast**
- * **New Fitness Center**
- * **Black Woods Grill & Bar and Conference Center Attached**
- * **Pool, Sauna and Hot Tub**
- * **New Media and Event Center**



BEST WESTERN PLUS
Spirit Mountain Duluth
218-628-0668
1-800-WESTERN
9330 W. Skyline Pkwy
bwspiritmountainduluth.com

- **Adjacent to Spirit Mountain**
- **Complimentary Hot Deluxe Breakfast**
- **Business & Fitness Centers**
- **Indoor Pool & Hot Tub**



DULUTH SPIRIT MOUNTAIN INN
American's Best Value Inn
800-777-8530
218-628-36919315 Westgate Blvd
redlion.com/duluth

- **Free Deluxe Breakfast with Waffles**
- **Large Indoor Pool, Hot Tub and Sauna**
- **One Mile from Spirit Mountain**

CITY OF PROCTOR MINNESOTA

Points of Interest

- 1 Midway Park [P]
- 2 Proctor High/Middle School [S] [B] [F]
- 3 St. Rose Playground [P]
- 4 North Proctor Park [P]
- 5 Business District
- 6 USPS Post Office
- 7 Proctor Sport Court [S]
- 8 Proctor Area Community Center
- 9 Proctor Historical Museum
- 10 Train and Jet Monuments
- 11 Proctor Golf Course [G]
- 12 Proctor Regional Recreation Center [P] [S] [F]
- 13 St. Luke's Sports and Event Center [S] [B] [F]
- 14 Fairgrounds/Proctor Speedway
- 15 Klang Memorial Park [P] [S] [F]
- 16 Bay View Elementary School [P] [S] [F]
- 17 Bay View School Forest [P]
- 18 Skyline Parkway Scenic Byway
- 19 Thompson Hill Information Center
- 20 Superior Hiking Trail Trailhead [P]
- 21 Spirit Mountain Recreation Area [P] [S] [F]

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|-------------------|-------------------------|
| [P] Playground | [B] Mountain Bike Trail |
| [S] Ball Field | [F] Ice Rink |
| [S] Sport Court | [G] Golf Course |
| [P] Walking Track | [P] Adventure Park |
| [P] Hiking Trail | [P] Sliding Hill |

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